

## Mechanistic identification of biofluid metabolite changes as markers of acetaminophen-induced liver toxicity in rats



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### ABSTRACT

Acetaminophen (APAP) is the most commonly used analgesic and antipyretic drug in the world. Yet, it poses a major risk of liver injury when taken in excess of the therapeutic dose. Current clinical markers do not detect the early onset of liver injury associated with excess APAP—information that is vital to reverse injury progression through available therapeutic interventions. Hence, several studies have used transcriptomics, proteomics, and metabolomics technologies, both independently and in combination, in an attempt to discover potential early markers of liver injury. However, the causal relationship between these observations and their relation to the APAP mechanism of liver toxicity are not clearly understood. Here, we used Sprague-Dawley rats orally gavaged with a single dose of 2 g/kg of APAP to collect tissue samples from the liver and kidney for transcriptomic analysis and plasma and urine samples for metabolomic analysis. We developed and used a multi-tissue, metabolism-based modeling approach to integrate these data, characterize the effect of excess APAP levels on liver metabolism, and identify a panel of plasma and urine metabolites that are associated with APAP-induced liver toxicity. Our analyses, which indicated that pathways involved in nucleotide-, lipid-, and amino acid-related metabolism in the liver were most strongly affected within 10 h following APAP treatment, identified a list of potential metabolites in these pathways that could serve as plausible markers of APAP-induced liver injury. Our approach identifies toxicant-induced changes in endogenous metabolism, is applicable to other toxicants based on transcriptomic data, and provides a mechanistic framework for interpreting metabolite alterations.

### 1. Introduction

Acetaminophen (*N*-acetyl-*p*-aminophenol, APAP) is a commonly used analgesic and antipyretic drug, which is safe and effective when administered appropriately at therapeutic doses. However, an acute overdose causes liver damage by inducing centrilobular cell death (Boyd and Berezcky, 1966; Prescott, 1980a). APAP toxicity is the most frequent cause of acute liver failure in the U.S. and several other countries (Bunchorntavakul and Reddy, 2013; Lee, 2008), with unintentional overdoses often being more common than intentional ones

(Lee, 2017; Reuben et al., 2016). *N*-acetylcysteine (NAC), which is currently the only clinically approved antidote against APAP-induced liver damage, is most effective when administered immediately after exposure (Larson, 2007). Therefore, identification of early markers indicative of APAP overdose that can lead to liver damage are of importance for effective therapeutic interventions.

The liver metabolizes APAP, and under normal conditions predominantly converts it into nontoxic glucuronide and sulfate conjugates, which are then safely eliminated by the kidneys in the urine (McGill and Jaeschke, 2013; Watari et al., 1983). However, depending

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on the dose, a fraction of APAP is converted into a highly reactive intermediate metabolite, *N*-acetyl-*p*-benzoquinone imine (NAPQI), by cytochrome P450 (CYP) enzymes (Patten et al., 1993). Glutathione (GSH) effectively eliminates substantial amounts of NAPQI by conjugating it into APAP-cysteine and APAP-mercapturate (Prescott, 1980b). However, during an overdose of APAP, conjugation of glucuronide and sulfate becomes saturated and the buildup of NAPQI depletes GSH, which causes further accumulation of NAPQI (Xie et al., 2015). This leads to excess binding of NAPQI with proteins and sub-cellular structures, and thereby induces rapid cell death (necrosis). This in turn, can lead to acute liver failure (Bunchorntavakul and Reddy, 2018; James et al., 2003; Kon et al., 2004).

APAP-induced liver toxicity is diagnosed by evaluating liver function through serum alanine aminotransferase (ALT) and aspartate aminotransferase (AST). Unfortunately, neither enzyme is an ideal marker because each lacks specificity. In addition, these enzymes cannot predict the onset or severity of liver injury because they are elevated only when pronounced liver injury has already occurred (Kaplowitz, 2005; Korones et al., 2001; Watkins, 2009). Advances in high-throughput technologies have paved the way for studying toxicant-induced cellular perturbations at the molecular level (transcriptomic and metabolomic changes) to identify toxicant-specific alterations of compound-specific modes of action, which may precede traditional toxicological endpoints (Kroeger, 2006). Indeed, several studies have evaluated changes in liver gene expression induced by APAP in rats under various doses and exposure durations and have provided potential indicators of adverse effects, such as mitochondrial damage and oxidative stress associated with APAP toxicity (Eakins et al., 2015; Minami et al., 2005; Morishita et al., 2006; Powell et al., 2006). Similarly, various studies have identified several endogenous metabolites in biofluids as potential markers that predict APAP-induced hepatotoxicity earlier than do clinical chemistry markers (Bhushan et al., 2013; Kumar et al., 2012; Luo et al., 2014; Sun et al., 2008, 2014; Yamazaki et al., 2013).

These high-throughput platforms, which generate large volumes of data, are increasingly being used to search for novel markers and gain a deeper understanding of the toxic effects of drugs. The power of these platforms can be further harnessed by concurrently measuring data from multiple sources and analyzing them together, providing detailed information about correlations among them and thereby allowing for further identification of targeted organs, time courses of injury, and markers. However, it remains a daunting task to integrate these data into a comprehensive, mechanistic framework, which clarifies how best to characterize the state of a cell, tissue, or organism in terms of the underlying biological processes. To this end, genome-scale metabolic network reconstructions (GENREs) have proven to be a good platform for integrating high-throughput data to elucidate genotype-phenotype relationships and identify various biological processes associated with disease states (Blais et al., 2017; Duarte et al., 2007; Mardinoglu et al., 2014; Pannala et al., 2018; Shlomi et al., 2009). Moreover, for most toxicants, the metabolites they generate and the toxicity mechanisms they engage are unknown; hence, a metabolic network-based approach that does not rely on knowledge of how CYP450 enzymes metabolize a toxicant can offer an alternative approach by capturing changes in the endogenous metabolism. Metabolic network models, which account for gene-protein-reaction relationships (GPR), offer a way to mechanistically incorporate transcriptomic data and thereby predict changes in endogenous metabolites and their subsequent secretion into plasma and urine, where they can be detected. Hence, these models provide an opportunity to distinguish changes in biofluid metabolites that are strongly associated with tissue-specific gene expression changes from among all other possible metabolite alterations.

The present study employed an approach that integrated transcriptomic and metabolomic data to examine and improve our understanding of early metabolite changes in plasma and urine collected from rats exposed to APAP. Building on a rat genome-scale model (Blais

et al., 2017; Pannala et al., 2018), we developed a new rat multi-tissue metabolic model comprising liver and kidney compartments connected via exchange of metabolites with blood and urine. We integrated high-throughput data into the multi-tissue model and investigated the metabolic differences in blood and urine between control and APAP-treated conditions. Integration of transcriptomic data obtained concurrently from the liver and kidney exposed to APAP suggested that at least 66% of the significantly changed metabolites in the blood were strongly correlated with the gene expression changes in the liver. Furthermore, using the metabolic network model together with pathway enrichment analysis, we observed that most of the genes involved in glycine, serine, and threonine metabolism were upregulated, suggesting the use of compensatory pathways for glycine production to keep up with the synthesis of glutathione that was depleted, owing to the high dose of APAP. Similarly, many genes involved in pyrimidine metabolism were downregulated, suggesting that APAP-mediated redox imbalance leads to altered nucleotide metabolism. Finally, using our computational approach, we identified a potential list of metabolites in the blood and urine that were strongly associated with gene expression changes, and which could be further targeted and clinically assessed for their potential as early indicators of liver damage. As such, our approach can be used to analyze large-scale high-throughput data obtained from rats exposed to other toxicants [e.g., gene expression data in the Open TG-Gates database (Igarashi et al., 2015) obtained from rats exposed to various drugs and chemicals], and provide an initial, hypothesis-based identification of metabolites to be tested in further targeted studies.

## 2. Materials and methods

### 2.1. Animal handling and treatment

Male Sprague-Dawley rats (10 weeks of age) purchased from Charles River Laboratories (Wilmington, MA) were fed with Formulab Diet 5001 (Purina LabDiet; Purina Miles, Richmond, IN) and given water ad libitum in an environmentally controlled room, set at 23 °C and on a 12:12-h light-dark cycle. All experiments were conducted in accordance with the *Guide for the Care and Use of Laboratory Animals* of the U.S. Department of Agriculture, using protocols approved by the Vanderbilt University Institutional Animal Care and Use Committee, and the U.S. Army Medical Research and Materiel Command Animal Care and Use Review Office.

Rats were anesthetized with isoflurane and surgery was performed 7 days before each experiment to implant the catheters for sample collection (Shiota, 2012). After surgery, the rats were housed individually. Two days before each study, the rats were moved from their regular housing cages to metabolic cages (Harvard Apparatus, Holliston, MA). To determine the appropriate APAP dose and time after exposure, rats were treated with vehicle (6 ml/kg of 50% polyethylene glycol,  $n = 6$ ) or either 1 g/kg ( $n = 6$ ) or 2 g/kg ( $n = 7$ ) of APAP at 7 a.m. by gavage. Blood and accumulated urine were collected at 7 a.m. and 5 p.m. daily for 3 days to measure serum ALT and AST levels for the liver and urine creatine levels for the kidney, to examine their injury status. Recently we showed that, ALT and AST levels increase markedly 24 h after APAP treatment for the 2 g/kg dose, and that, subsequent histological analysis at 58 h after treatment indicates extensive liver injury (Pannala et al., 2018).

Based on the results of these studies, we chose 2 g/kg as the appropriate APAP dose and two time points, 5 h and 10 h after treatment ( $n = 8$  each), to obtain transcriptomic and metabolomic data. Following blood collection, animals were given either vehicle (6 ml/kg of 50% polyethylene glycol) or APAP (2 g/kg) by gavage at 7 a.m. and moved to new housing cages, where they could access water ad libitum but not food. At 12 p.m. (the 5-h group) or 5 p.m. (the 10-h group), after blood was collected from each group, animals were anesthetized by an intravenous injection of sodium pentobarbital through the jugular vein

catheter and a laparotomy was performed immediately. Urine samples were collected directly from the bladder at the two time points. The liver and kidney were first dissected, and then frozen using Wollenberger tongs precooled in liquid nitrogen. The collected blood, urine, and organ samples were kept in a  $-80^{\circ}\text{C}$  freezer prior to analyses.

## 2.2. RNA isolation and sequencing

Because kidney tissue is histologically heterogeneous, the frozen whole kidney samples were powdered in liquid nitrogen. Total RNA was isolated from the liver or powdered kidney, using TRIzol Reagent (Thermo Fisher Scientific, Waltham, MA) and the direct-zol RNA MiniPrep kit (Zymo Research, Irvine, CA). The isolated RNA samples were then submitted to the Vanderbilt University Medical Center VANTAGE Core (Nashville, TN) for RNA quality determination and sequencing. Total RNA quality was assessed using a 2100 Bioanalyzer (Agilent, Santa Clara, CA). At least 200 ng of DNase-treated total RNA with high RNA integrity was used to generate poly-A-enriched mRNA libraries, using KAPA Stranded mRNA sample kits with indexed adaptors (Roche, Indianapolis, IN). Library quality was assessed using the 2100 Bioanalyzer (Agilent), and libraries were quantitated using KAPA library Quantification kits (Roche). Pooled libraries were subjected to 75-bp single-end sequencing according to the manufacturer's protocol (Illumina HiSeq3000, San Diego, CA). Bcl2fastq2 Conversion Software (Illumina) was used to generate de-multiplexed Fastq files.

## 2.3. Analysis of RNA-sequencing (RNA-seq) data

The analysis of RNA-seq data involved two stages: 1) determination of transcript abundance and 2) determination of differentially expressed genes (DEGs). To determine transcript abundance levels from Fastq files, which consist of raw sequence reads, we used Kallisto, a recently published software tool (Bray et al., 2016). Using this tool, we first generated a reference transcriptome index from cDNA files based on the rat genome assembly Rnor6.0, published on ENSEMBL Release 92 (Zerbino et al., 2018). We then determined transcript abundance levels by pseudoaligning raw sequence reads (single) with the reference transcriptome index. We used the analysis tool Sleuth (Pimentel et al., 2017) to investigate differential expression of genes between the two time points in each study from the transcript abundance levels thus determined.

To determine statistically significant changes in gene expression between the control and treatment groups, we used a likelihood ratio test. We followed this with a Wald test to determine the effect sizes (analogous to fold-change values) for all genes, and thus obtained effect sizes for those determined by the likelihood ratio test to have changed significantly. Genes that changed significantly, and for which the absolute effect size fell within the top 10th percentile, were deemed biologically significant.

To understand the biological significance of each such gene, we identified the DEGs derived from Kallisto-Sleuth analyses that mapped to the rat GENRE, and used KEGG pathways to identify molecular pathways that were significantly enriched. We used the online tool Database for Annotation, Visualization, and Integrated Discovery (DAVID) (Huang et al., 2009) to perform this task.

## 2.4. Metabolomic analysis

Sample preparation was carried out at Metabolon Inc. (Durham, NC), in a manner similar to a previous study (Hatano et al., 2016). Briefly, individual samples were subjected to methanol extraction and then split into aliquots for analysis by ultrahigh performance liquid chromatography/MS (UHPLC/MS). The global biochemical profiling analysis comprised four unique arms, consisting of reverse-phase chromatography positive ionization methods optimized for hydrophilic

compounds (LC/MS Pos Polar) and hydrophobic compounds (LC/MS Pos Lipid), reverse-phase chromatography with negative ionization conditions (LC/MS Neg), as well as a hydrophilic interaction liquid chromatography (HILIC) method coupled to negative ionization (LC/MS Polar) (Evans et al., 2014). All methods alternated between full scan MS and data-dependent MS<sup>n</sup> scans. The scan range varied slightly between methods but generally covered 70–1000 m/z.

Metabolites were identified by automated comparison of the ion features in the experimental samples to a reference library of chemical standard entries. These included retention time, m/z, preferred adducts, and in-source fragments, as well as associated MS spectra, and curated by visual inspection for quality control using software developed at Metabolon. Identification of known chemical entities was based on comparisons with metabolomic library entries of purified standards (Dehaven et al., 2010).

Two types of statistical analyses were performed: 1) significance tests and 2) classification analysis. Standard statistical analyses were performed in ArrayStudio on log-transformed data. The R program (<http://cran.r-project.org>) was used for non-standard analyses. Following log transformation and imputation of missing values, if any, with the minimum observed value for each compound, Welch's two-sample *t*-test was used to identify biochemicals that differed significantly ( $p < .05$ ) between experimental groups. An estimate of the false discovery rate (FDR, or *q*-value) was calculated to take into account the multiple comparisons that normally occur in metabolomics-based studies.

To understand the biological significance of metabolites, we identified those whose levels were altered by APAP exposure and which mapped to the rat GENRE, and used KEGG pathways to identify molecular pathways that were significantly enriched. We used the online tool MetaboAnalyst 4.0 (Chong et al., 2018) to perform this task.

## 2.5. Development of a multi-tissue rat metabolic model

The original rat genome-scale model was developed to provide a global description of rat metabolism, without considering tissue-specific information. In general, because particular cell types in each tissue do not use the functional capabilities of all metabolic enzymes encoded in the genome, procedures have been developed to contextualize genome-scale models into tissue- or cell-specific models (Jerby et al., 2010; Pannala et al., 2018; Shlomi et al., 2008). Furthermore, to understand the importance of the tissue specificity of disease processes, several tissue-specific metabolic reconstructions have been developed by reducing the genome-scale models, using different algorithmic approaches based on genomic and proteomic data from the target tissues (Chang et al., 2010; Gille et al., 2010; Mardinoglu et al., 2013; Opdam et al., 2017; Schultz and Qutub, 2016; Wang et al., 2012). However, tissues in multi-cellular organisms are highly interconnected, and in several disease processes, multiple tissues (e.g., skeletal muscle, liver, and adipose tissues in insulin resistance leading to type 2 diabetes mellitus) regulate the secretion of metabolites in the blood. Similarly, metabolite secretions in the blood and urine due to exposure to a toxicant can occur as a consequence of alterations in several tissues. Hence, we need multi-tissue metabolic network models to interpret biofluid metabolite changes stemming from both normal and disease-induced perturbations arising from multiple organs.

Using the updated rat genome-scale model (Pannala et al., 2018), and physiological uptake and secretion data available through published literature (Banta et al., 2007, 2005; Izamis et al., 2011), we developed metabolic reconstructions for the rat liver and kidney. To determine the reactions specific to each tissue, we obtained information on tissue specificity from the gene expression data by evaluating whether the gene is present or absent in the data based on the TPM (transcripts per million) values (Roux et al., 2017) in our experiments. We also used baseline expression data on the rat RNA-seq transcriptomic body map (Yu et al., 2014) downloaded from Expression Atlas

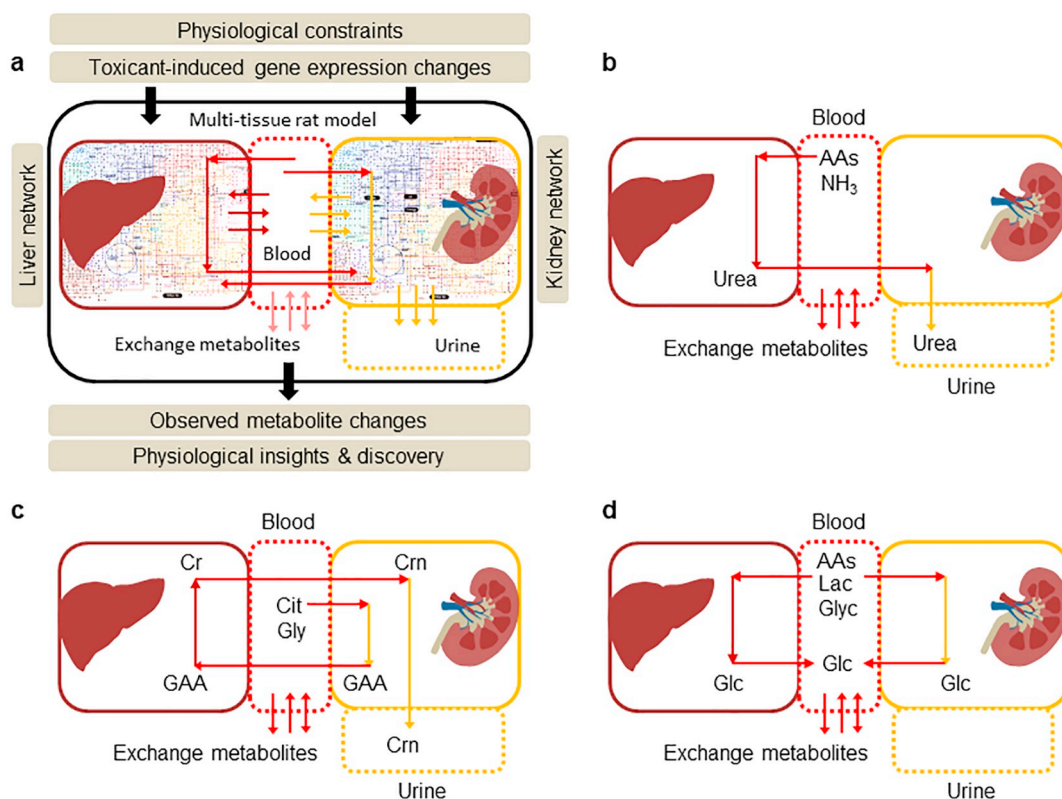
(Petryszak et al., 2016). Specifically, we used gene expression data from the liver and kidney of adult rats, which exceeded the expression cutoff values of 1 TPM to indicate the presence of the gene in the tissue of concern.

We used the mCADRE algorithm (Wang et al., 2012) to reduce the rat genome-scale model into tissue-specific models of the liver and kidney. Using the gene expression data, mCADRE defined a set of core reactions and pruned all other reactions based on their connectivity to the core reactions using a confidence score. The algorithm then removed reactions that were not necessary to support the core reaction set and defined metabolic functionalities of the specific tissue under reconstruction. We set the algorithm parameters such that no core reaction could be removed unless it was accompanied by removal of a large number of reactions with zero-expression evidence. We then manually curated the developed reconstructions and tested them on the metabolic functional tasks of the liver (Blais et al., 2017) and kidney (Supplementary Table S1), using the flux balance approach (Orth et al., 2010).

Subsequently, we integrated the tissue-specific reconstructions for the liver and kidney into a multi-tissue model (Fig. 1a). First, we renamed the reactions and metabolites in each reconstruction for proper compartmentalization. Then, we constructed new blood and urine compartments that connected the liver to the kidney as well as the kidney to the urine compartment. We removed the exchange reactions in the tissue-specific reconstructions, allowing only gene-associated transporters and free diffusion for intracellular metabolite transport. We then added exchange reactions to allow the blood compartment to exchange metabolites with the external system (i.e., to represent the

exchange of blood metabolites with other organs of the body). We constructed the kidney exchange reactions with the urine compartment based on the metabolites identified in the global metabolomics data obtained as part of this study (Supplementary Table S2). We allowed metabolite exchange (i.e., both uptake and secretion) between the blood compartment and the external system, but only metabolite secretion from the urine compartment to the external system. Overall, the resulting multi-tissue model contained 1982 unique genes and 12,049 reactions, connected by 7042 metabolites. We provide the complete model in SBML format in the Supplementary Information (iRnoMT-model).

To evaluate the consistency of the multi-tissue model, we tested it on three functional tasks at the systems level: excretion of urea and creatinine in the urine, and production of glucose in the blood. We tested the capability of the liver to detoxify ammonia ( $\text{NH}_3$ ), and to transport the resulting urea to the blood compartment and then into the kidney for excretion (Fig. 1b). We achieved this by first blocking the reactions in the kidney compartment (L-arginine aminohydrolase, EC: 3.5.3.1) that produce urea, and blood exchange of ammonia from the external system that can lead to urea production. Similarly, for creatinine excretion in the urine, we blocked the production of guanidinoacetate in the liver (guanidinoacetate methyltransferase, EC: 2.1.1.2), because it is produced only in the kidney (Fig. 1c). We then evaluated the model's ability to produce urea and its ability to produce creatinine in the urine compartment as the objective functions, given any amino acid exchange reaction as the input in the absence of all other carbon sources. Finally, we assessed the ability of the model to maintain blood glucose by constraining the respective glucose transport reactions for



**Fig. 1.** A rat multi-tissue metabolic model that captures systems-level functionalities. a) Overall summary of a rat multi-tissue model comprised of liver and kidney tissues connected via a blood compartment, with the kidney connected to a urine compartment. Physiological uptake and secretion rates and gene expression changes are supplied as constraints to the model for simulating metabolite alterations in blood and urine. b) Inter-organ connectivity of the excretion of urea in urine. Schematic representation of urea synthesis in the liver from amino acids (AAs) and ammonia ( $\text{NH}_3$ ), followed by its excretion in urine by the kidneys. c) Inter-organ connectivity of the excretion of creatinine (Crn) in urine. Schematic representation of creatine (Cr) synthesis in the liver from guanidinoacetic acid (GAA), produced in the kidney by citrulline (Cit) and glycine (Gly). The liver transports Cr back into the blood, where it continuously degrades to Crn, which is subsequently excreted by the kidneys in urine. d) Inter-organ connectivity of glucose homeostasis under the fasting state. Schematic representation of glucose production in the liver and kidney from AAs, lactate (Lac), and glycerol (Glyc) under fasting conditions.

the liver and kidney with the glucose exchange reaction in the blood compartment as the objective function (Fig. 1d).

### 2.6. Algorithm for high-throughput data integration and metabolite predictions

We used the transcriptionally inferred metabolic biomarker response (TIMBR) algorithm (Blais et al., 2017) to integrate the observed changes in liver and kidney gene expression into the multi-tissue model and make predictions for metabolite alterations in the blood and urine. Briefly, using the GPR relations in the model, the TIMBR algorithm converts the  $\log_2$  fold changes of all liver- and kidney-specific alterations in gene expression into reaction weights. It then calculates the global network demand required for producing a metabolite in the blood and urine. The objective function minimizes the weighted sum of fluxes across all reactions for each condition and metabolite, so as to satisfy the associated mass balance and an optimal fraction of the maximum network capability to produce a metabolite. Based on values reported in the literature, we used appropriate uptake and secretion rates for the exchange reactions of the liver and kidney under short-term fasting conditions (Supplementary Table S3).

## 3. Results

### 3.1. Rat multi-tissue model captures systems-level functionalities

Here, we developed metabolic network reconstructions for two major tissue types in the rat: the liver and kidney. We manually curated and tested the quality of these reconstructions using well-defined tissue-specific metabolic tasks. The liver reconstruction satisfied all 327 metabolic tasks identified as part of the original rat genome-scale model (Blais et al., 2017). For the kidney, we assembled a comprehensive collection of 155 metabolic tasks, each representing a known biological process (Supplementary Table S1). The kidney reconstruction successfully satisfied all 155 functionalities, thereby validating the quality of the developed tissue-specific metabolic reconstructions we used to generate the multi-tissue network model (see Methods for a detailed description of the network reconstruction process).

We assessed the functional capability of the model by testing three physiologically important metabolic states of rat metabolism that encompass both the liver and kidney compartments: excretion of urea in urine, excretion of creatinine in urine, and production of glucose in the blood. In the process of urea excretion, excess amino acids in the body undergo deamination in the liver to be broken down into keto acids, leaving ammonia as the by-product. While keto acids are used to produce energy and as substrates for gluconeogenesis, the liver converts relatively toxic ammonia into relatively less toxic urea, which it releases into the blood. The urea is then removed from the blood as it passes through the kidneys. To reproduce this scenario in the multi-tissue model, we used urea production in the urine as the objective function, while providing AAs or  $\text{NH}_3$  from blood as input to the model (Fig. 1b). Our model simulations showed that the reactions responsible for urea synthesis in the liver and subsequent exchange reactions to move it to the urine were actively carrying flux, indicating the model's ability to capture the functional connectivity between the liver and kidney.

Similarly, creatine is an organic nitrogenous compound that plays an important role in cellular energy metabolism. However, once creatine is synthesized in the liver and released into the blood, a portion of it continuously degrades into creatinine, which is eliminated in urine by the kidneys (Fig. 1c). The multi-tissue model successfully produced flux distributions satisfying all mass-balanced steady-state assumptions under these conditions when simulated with the appropriate boundary conditions. Finally, under fasting conditions, one of the major functions of the liver and kidneys is to maintain blood glucose concentrations within a narrow range (Fig. 1d). Although both the liver and kidney

contain gluconeogenesis pathways for this purpose, the contributions from the kidney are smaller under short-term fasting and increase as the fasting period increases (Gerich, 2010). The multi-tissue model simulated glucose from both the liver and kidney tissues, given the appropriate boundary conditions (e.g., imposing a lower bound constraint on the transport reactions responsible for glucose secretion into the blood from both tissues), suggesting the functional integrity of the developed systems-level model.

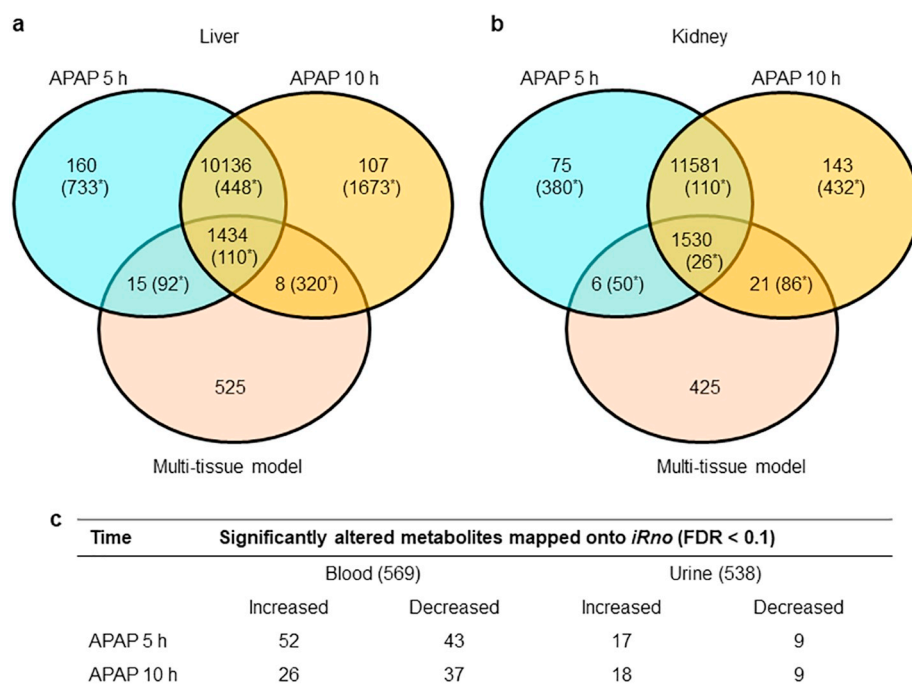
### 3.2. Metabolic changes induced by APAP in the rat liver and kidney

Fig. 2 shows a summary of the APAP-induced changes at the levels of genes and metabolites. To obtain the gene-level changes in the liver and kidney, we analyzed the raw RNA-seq data collected from rats exposed to a single dose of APAP (2 g/kg) and observed for 5 h or 10 h after treatment. Overall, we identified roughly equal numbers of global changes (Fig. 2, values not in parentheses) at both time points in the liver (Fig. 2a) and kidney (Fig. 2b), although the total number of identified genes was slightly higher for the kidney compared to the liver (see details in Supplementary Table S4). Furthermore, to differentiate the genes that drive metabolic reactions from all other genes, we mapped all of the genes identified in the RNA-seq analysis onto the multi-tissue model. APAP exposure showed a clear demarcation between the expression patterns in the liver and kidney when we accounted for the DEGs (FDR < 0.1; Fig. 2, values in parentheses), where the number of changes in the liver was significantly higher (1383 at 5 h) than that in the kidney (566 at 5 h). This effect was even more pronounced at 10 h, with far more changes in the liver (2551) than in the kidney (654)—a result clearly indicating the well-known hepatotoxicity of APAP. The effect was similar when we differentiated the metabolic genes from non-metabolic genes in the liver and kidney, by mapping them onto the multi-tissue model. Interestingly, changes in liver gene expression induced as early as 5 h after a single dose of APAP, many of which were apparent even after 10 h, indicated that persistent perturbations in liver metabolism could be major contributors to the metabolite alterations in biofluids.

Global metabolic profiling of plasma and urine samples revealed significant changes in a number of metabolites at 5 h and 10 h after APAP administration (Supplementary Tables S2 and S5). Overall, we identified 569 metabolites in the plasma and 538 in urine. Principal component analysis performed on both samples showed a clear separation between the control and APAP-treatment groups (results not shown). Furthermore, to differentiate the metabolites and determine the causality of these changes in relation to gene-level changes, we mapped all of the metabolites identified by the metabolic analysis onto the multi-tissue model. Of the total metabolites detected in the plasma and urine, we mapped 226 and 197, respectively, onto the model using KEGG ID annotation and biochemical names. Fig. 2c shows a summary of the significantly altered blood and urine metabolites (FDR < 0.1) mapped onto the model, along with their direction of change. These numbers show that APAP clearly induced more perturbations in the plasma than in urine.

### 3.3. Gene expression-induced metabolite changes predicted by a multi-tissue model

Using the boundary constraints on the uptake and secretion of exchange metabolites for the liver and kidney under fasting conditions (Supplementary Table S3), we integrated the concomitantly measured APAP-induced gene expression changes in the liver and kidney into the multi-tissue model with the TIMBR algorithm. TIMBR calculates the relative propensity score for the production of a metabolite to be elevated or reduced in the blood and urine, based on the gene expression changes, for all exchangeable metabolites between control and APAP-treatment conditions (see Methods). We then compared the  $\log_2$  fold changes of the metabolites identified from the global metabolic



**Fig. 2.** Summary of APAP-induced changes in the metabolism of the liver and kidney of a rat. Venn-diagrams representing the total number of global gene expression changes observed in the liver (a) and kidney (b) at 5 h and 10 h following APAP treatment, and their mapping onto the multi-tissue metabolic model. Values in parentheses show the respective numbers of differentially expressed genes (FDR < 0.1) for each case. c) Summary of the total number of metabolites detected in the plasma (569) and urine (538) metabolic profiling studies, and the number of significantly altered metabolites (FDR < 0.1) that were mapped onto the multi-tissue model, along with their direction of change.

profiling analysis (Fig. 1c and Supplementary Tables S2 and S5) with the model predictions, and assessed how accurate the model was in predicting the direction of APAP-induced changes in metabolite level. When we used only the liver compartment by blocking all reactions in the kidney, the model predicted only 41% and 57% of the plasma metabolite changes in the correct direction at 5 h and 10 h following APAP treatment, respectively. However, when we incorporated both the liver and kidney compartments, the model predictions increased to 50% and 66% at the corresponding time points (Supplementary Tables S5 and S7). The multi-tissue model also predicted 57% and 48% of the altered metabolites in the urine compartment accurately at 5 h and 10 h following APAP treatment. These predictions clearly indicate the importance of multi-tissue models, which show greater concordance with the data and provide better constraints by capturing the inter-connectivity between the organs.

To further ascertain whether the gene expression changes were causally related to the metabolite alterations in the plasma and urine, we used the DEGs and metabolites mapped onto the model to perform pathway enrichment analysis. Specifically, we used the significantly altered genes (FDR < 0.1) from the liver (Fig. 2a) and kidney tissues (Fig. 2b) and performed gene enrichment analysis using the DAVID web tool for functional annotation. Our analysis revealed significant perturbations induced by APAP (Benjamini  $p < .1$ ) in many metabolism-related pathways in the liver at 10 h (Fig. 3). Genes within the nucleotide, carbohydrate, and lipid metabolism pathways were significantly altered at both time points, indicating that APAP exposure induced persistent modifications in these pathways. In contrast, most genes in the drug and amino acid metabolism pathways were altered only at 10 h, indicating that APAP metabolism caused excess accumulation of toxic intermediates in the APAP detoxification process leading to progressive liver injury. A similar analysis using significantly altered genes in kidney tissue showed that APAP altered only arginine and proline metabolism, and had a less severe effect on glycerolipid metabolism (data not shown).

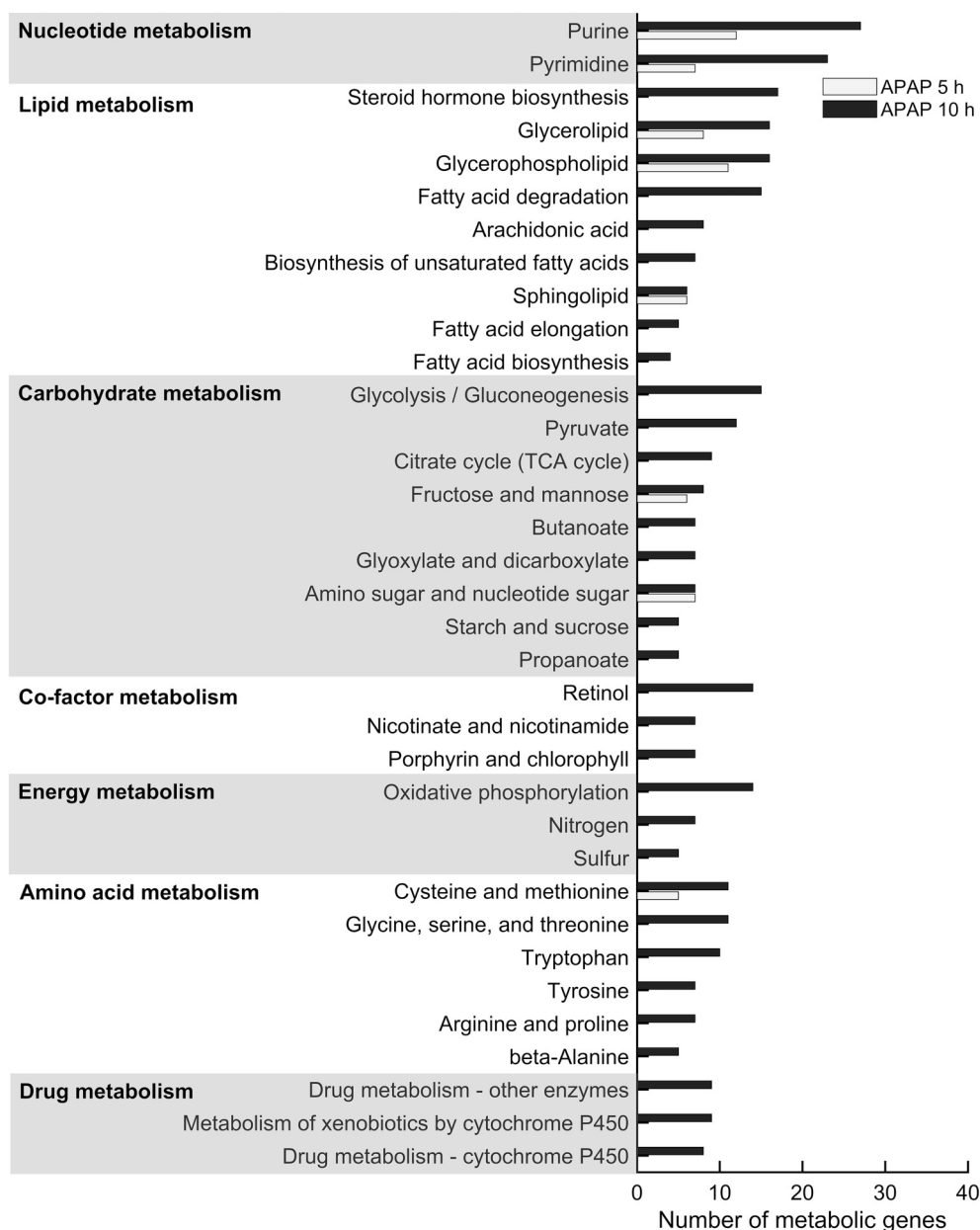
After mapping the significantly altered plasma and urine metabolites onto the multi-tissue model, we also performed pathway enrichment analysis, using the MetaboAnalyst platform. This analysis showed good agreement with the gene enrichment analysis, in that metabolites in the amino acid, nucleotide, and lipid metabolism pathways were

significantly altered in the plasma and urine (Fig. 4). Specifically, metabolites in the arginine and proline; glycine, serine, and threonine; and pyrimidine metabolism pathways were significantly altered at both time points in the plasma (Fig. 4a) and urine (Fig. 4b).

#### 3.4. APAP overdose upregulates glycine, serine, and threonine metabolism and downregulates pyrimidine metabolism

Using the GPR relationships in the metabolic network model together with pathway enrichment analysis, we further investigated the alterations in genes and metabolites at the pathway level in some highly enriched pathways. Ten hours after APAP treatment, many genes and metabolites in the glycine, serine, and threonine metabolism pathway were significantly altered relative to the control treatment (Fig. 5). Most genes responsible for serine and glycine production (shown in red) were upregulated, indicating an increased demand for serine and glycine after APAP overdose. The cause for such upregulation can be readily observed in the reduced levels of serine and glycine (Fig. 5, green) in the plasma, together with the increase in the metabolite precursors of choline and dimethylglycine (Fig. 5, red), which are required for glycine production. Interestingly, the multi-tissue model simulations, which account for the entire network demand to calculate the propensity of a metabolite to be secreted based on gene expression, accurately predicted most of these metabolite changes (Fig. 5, stars).

Similarly, we analyzed the genes and metabolites that were mapped onto pyrimidine metabolism (Fig. 6). Many genes that regulate the reactions driving uridine production were significantly downregulated (Fig. 6, green), together with upregulation of some genes for RNA synthesis. However, most genes responsible for DNA synthesis were downregulated, indicating reduced capability after an overdose of APAP. The multi-tissue model accurately predicted some metabolites (cytidine, uracil, and 3-ureidopropionate) that increased significantly in the plasma. We also analyzed glycerophospholipid metabolism (Fig. S1), as well as arginine and proline metabolism (Fig. S2), to identify individual changes in the reactions of these pathways, based on a combination of gene expression and metabolite alterations. Our model accurately predicted most metabolites in these pathways, indicating that the metabolites detected in highly enriched pathways correlate better with the model predictions and, hence, may serve as potential



**Fig. 3.** Pathway enrichment analysis of significantly altered metabolic genes in the liver. We used the most significantly differentially expressed metabolic genes (FDR < 0.1) represented in the network model of the liver as input for the functional annotation with DAVID. Significantly enriched pathways are marked as bar graphs for the 5 h (white) and 10 h (black) time points, as appropriately.

plasma metabolite markers.

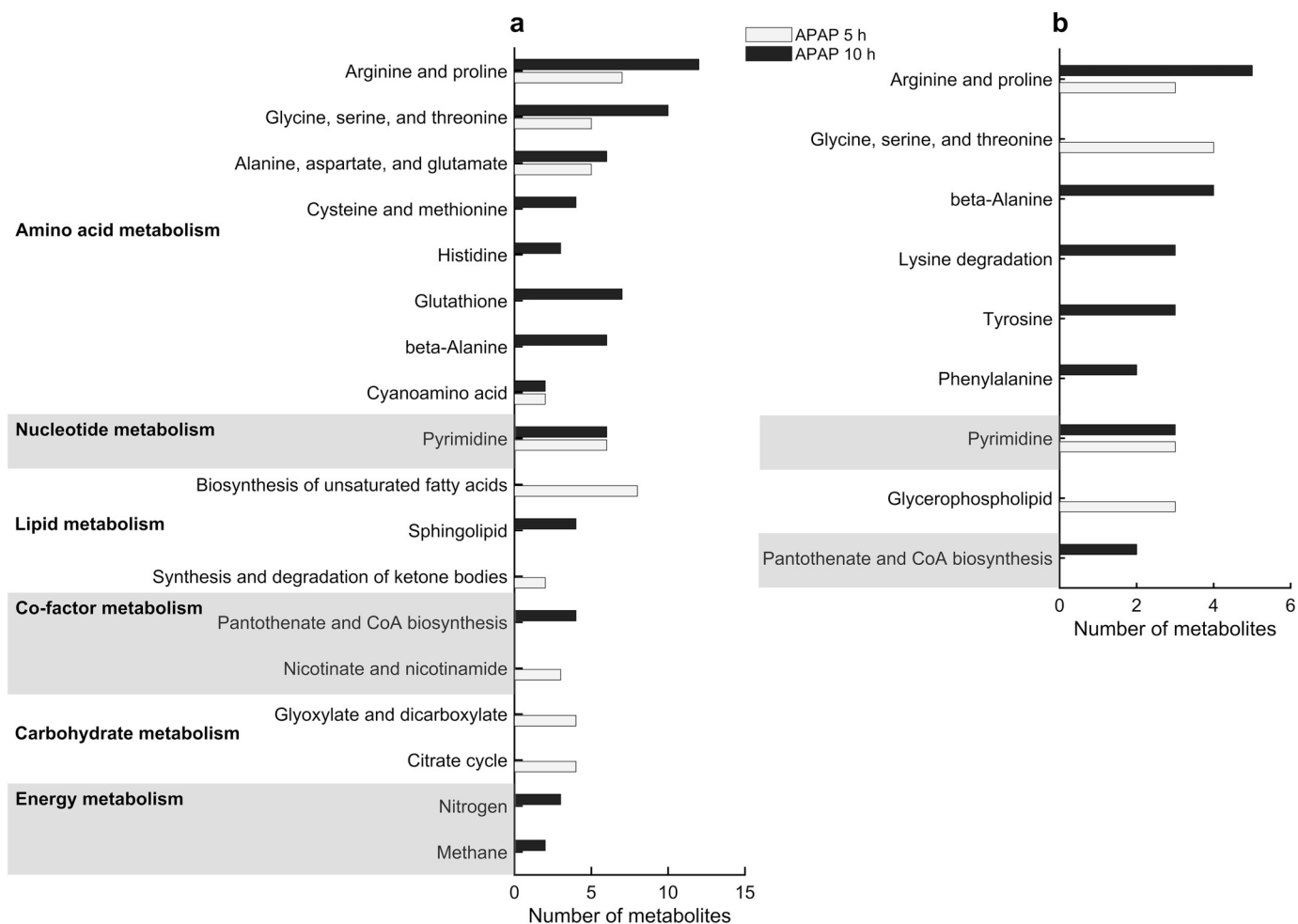
### 3.5. Metabolites in highly enriched pathways as markers of APAP-induced liver toxicity

Using our multi-tissue model together with pathway enrichment analysis, we determined highly enriched pathways and compiled a plausible panel of significantly altered plasma and urine metabolites that were strongly correlated with gene expression changes (Supplementary Table S6). Our multi-tissue model accurately predicted several metabolites in these pathways that showed a strong correlation with the gene expression changes. Table 1 shows a potential list of these metabolites, correctly predicted by the model in the highly enriched pathways and arranged according to their main and subordinate pathways. Specifically, we identified several consistently increased metabolites in the nucleotide and lipid metabolism pathways, and

consistently decreased metabolites in the amino acid and carbohydrate metabolism pathways (Table 1). Our computational model predicted most of these metabolites as early as 5 h post exposure, suggesting that they could serve as early markers of APAP-induced liver damage.

## 4. Discussion

Multiple studies have investigated the potential of several markers to identify APAP-induced liver injury. For example, biomarkers such as APAP-protein adducts can assist in diagnosing the likely cause of liver injury and severity of overdose several days after exposure (Davern 2nd et al., 2006). Others, such as, miR-122, full-length cytokeratin-18, and high mobility group box 1 (HMGB1) protein, are generally considered indicators of necrotic cell death (Antoine et al., 2009; McGill and Jaeschke, 2014; Wang et al., 2009; Weemhoff et al., 2017). In addition to the above markers, previous studies have also analyzed mtDNA,



**Fig. 4.** Pathway enrichment analysis of significantly altered metabolites in the plasma and urine. We used the most significantly altered metabolites ( $FDR < 0.1$ ) represented in the network model as input to the MetaboAnalyst web tool for pathway enrichment with the rat pathway library, and over-representation and pathway topology analyses using hypergeometric and relative-betweenness centrality tests, respectively. The most significantly enriched pathways are marked as bar graphs for the 5 h (white) and 10 h (black) time points, for metabolites detected in the blood (a) and urine (b).

glutamate dehydrogenase, and nuclear DNA fragments as mechanistic biomarkers of mitochondrial damage due to APAP overdose (McGill et al., 2014; Shi et al., 2015). However, most of these biomarkers depend on cell lysis to be detectable in the plasma.

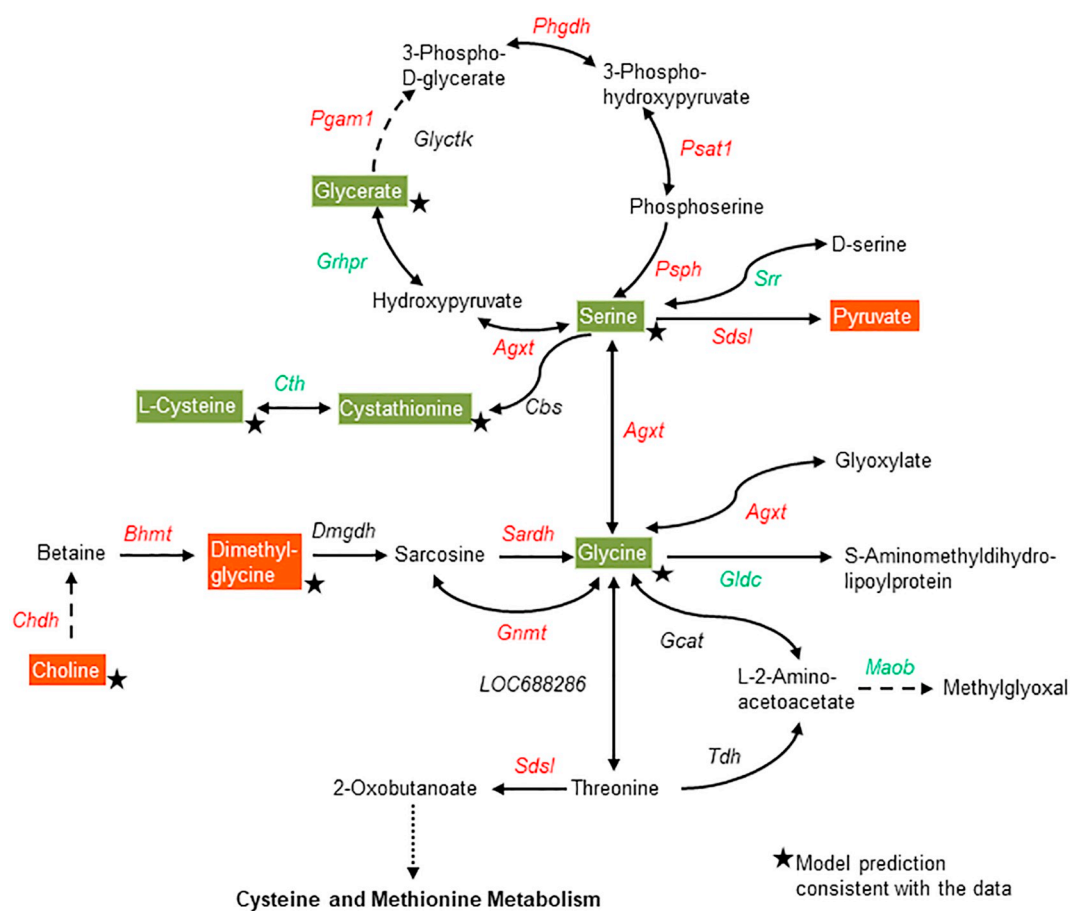
Global metabolic profiling has proven to be highly reliable and reproducible in detecting molecular perturbations at the cellular level before increases in AST and ALT are first detected. In numerous studies, small changes in the physiological processes of cellular metabolism, as observed in accessible biofluids (e.g., blood and urine), have been assigned to a specific toxicological mode of action. In particular, it has been shown that plasma metabolite changes in amino acids, lipids, and bile acids, which may be indicative of liver toxicity induced by various drugs in animal studies, have greater potential for human translation (Beger et al., 2015; Iruzubieta et al., 2015; Mesnage et al., 2018; Sun et al., 2014; van Ravenzwaay et al., 2007). Several studies have reported that elevated levels of fatty acids, acylcarnitines, and medium chain fatty acids in the serum could be potential markers of liver injury induced by APAP, although they have yet to be demonstrated as satisfactory indicators of injury progression (Chen et al., 2009; Coen et al., 2003; Kumar et al., 2012; Luo et al., 2014; Yamazaki et al., 2013). Similarly, studies employing transcriptomics to analyze the liver toxicity of APAP (Beyer et al., 2007; Heinloth et al., 2007, 2004; Kikkawa et al., 2006) have indicated that the gene expression changes could discriminate between sub-toxic and toxic doses of APAP examined at different time points. Furthermore, these gene expression changes

occurred earlier than clinical chemistry markers and were closely correlated with these markers at later time points.

Most of the studies described above identified APAP-induced perturbations in gene expression at the tissue level and metabolite alterations in biofluids. However, the extent to which changes in the former influence those in the latter has been unclear. In a previous study using a rat genome-scale metabolic model, we evaluated the plasma metabolite changes induced by liver gene expression for APAP (Pannala et al., 2018). Our results indicated that, the model satisfactorily predicted plasma metabolite changes, suggesting that gene perturbations in the liver alone could explain a considerable portion of the metabolite changes and that unexplained changes could be associated with contributions from other organs. Furthermore, our analysis suggested that, plasma predictions could be improved by better physiological bounds, such as the addition of central carbon fluxes as constraints on the model.

Although APAP is generally known as a liver toxicant, the intermediate free radical molecules, which are generated after APAP is metabolized in the liver and transported into the blood circulation, could affect several other organs (Craig et al., 2011; Mirochnitchenko et al., 1999). Hence, the APAP-induced metabolite changes observed in biofluids may not reflect changes specific to liver tissues alone or at least have contributions from the kidney, the organ involved in APAP elimination in the urine. Furthermore, they are difficult to distinguish from other pathological factors. Few, if any studies, however, have





**Fig. 5.** Summary of APAP-induced gene and metabolite perturbations in the glycine, serine, and threonine metabolism pathway. Each arrow indicates the direction of a reaction converting a substrate into a product, with the name of the gene indicated next to the arrow. Upregulated and downregulated genes are shown in red and green, respectively. Increased and decreased metabolites in the plasma are shown in white text with red and green backgrounds, respectively. Stars indicate model predictions consistent with the data. Dashed arrows indicate multiple steps involved in a reaction; the dotted line indicates metabolite precursors involved in other pathways. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

considered contributions from multiple sources. We tackled this issue here, by using healthy rats under fasting conditions with corresponding control groups exposed to a single high dose of APAP (2 g/kg), and by simultaneously capturing changes in gene expression in the liver and kidney as well as changes in blood and urine metabolites. Furthermore, use of our model-based approaches to integrate the metabolic data with gene expression changes provides added confidence that the identified candidate markers are specific to APAP-induced changes and may be detected in, and not influenced by, other pathological conditions. Building on our metabolic network model of the liver described above, we developed a multi-tissue model that also includes the kidney and captures the inter-organ connectivity, to understand the contributions of each organ to gene expression-induced metabolite changes in biofluids. The extended model successfully accounted for both tissue-level metabolic functions (Supplementary Table S1) and various systems-level tasks (Fig. 1) (e.g., urea/creatinine excretion in urine, glucose production in the blood) encompassing both liver and kidney tissues. It also predicted metabolite alterations in the blood more accurately than did the liver-only metabolic network model. These results suggest that the multi-tissue model provides the ability to predict altered metabolite levels in both the blood and urine, given gene expression changes in the liver only, the kidney only, or both organs.

Consistent with the notion that APAP induces liver toxicity, the metabolic changes in the liver were more pronounced than those in the kidney (Fig. 2). Approximately 10% and 20% of the genes were significantly and differentially expressed in the liver at 5 h and 10 h, respectively, compared to ~5% at both time points in the kidney. In

agreement with the gene expression changes, global metabolic analysis revealed significant changes in many metabolites in the plasma and urine. However, we could not attribute any of these changes to the gene perturbations in the liver. Thus, we used the multi-tissue model and simultaneously integrated the gene expression data from the liver and the kidney, and predicted the associated changes in plasma and urine metabolites. Interestingly, a comparison of model predictions with the significantly changed metabolites (Fig. 2c) in the plasma indicated that the multi-tissue model provided better predictions at both time points (50% and 65% at 5 h and 10 h, respectively) than did the liver-only model. These results suggest that the multi-tissue model, which captures the inter-organ connectivity between the liver and kidney, is physiologically well constrained. Furthermore, the model allowed us to predict APAP-induced metabolite changes in the urine, which was not possible using the liver-only model. The level of agreement between the model predictions and data is notable, despite the fact that the multi-tissue network model 1) did not capture the kinetics or gene regulatory and signaling pathways, 2) did not consider the concentration of enzymes, which might affect the flux bounds, and 3) lacked precise information on the physiological uptake and secretion fluxes under which the tissues operate.

The inherently complex relationships between genes, proteins, and metabolites have heretofore made it difficult to track the factors and detailed mechanisms that contribute to metabolite changes in the blood and urine. Our approach here, in which we utilized the metabolic genes and metabolites mapped onto the network model and performed pathway-level perturbations, made it possible to address this challenge.



**Table 1**

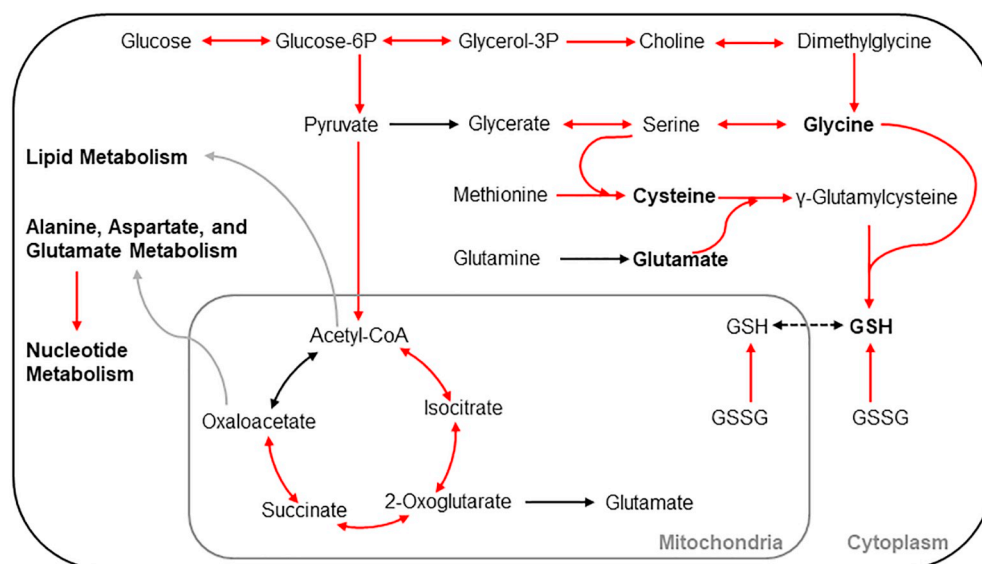
List of significantly altered metabolites in the nucleotide, lipid, amino acid, and carbohydrate metabolism pathways based on the model predictions for 5 and 10 h post-APAP exposure.

Main pathway	Subordinate pathway	Metabolite name	Log <sub>2</sub> (Fold change)				
			Blood		Urine		
			5 h	10 h	5 h	10 h	
Nucleotide metabolism	Pyrimidine	Cytidine	1.56	0.99	4.16	2.18	
		Deoxyuridine			1.52		
		3-Ureidopropionate	0.69	1.10		0.72	
		Thymidine	0.90		3.11		
		Uracil	0.72	0.51			
	Purine	Uridine	0.66				
		Adenosine	2.21				
		Urate			0.73	0.99	
		Choline	0.30	0.29			
		Glycerol 3-phosphate	-0.47	-0.60			
Lipid metabolism	Glycerolipid & phospholipid	Acetylcholine			1.60		
		Phosphocholine			1.56		
		Sphingosine 1-phosphate		0.37			
	Sphingolipid	Sphingosine		0.62			
		Stearoyl sphingomyelin	0.32	0.83			
	Fatty acid	Margaric acid	1.48				
		Oleate	0.86				
		10-Heptadecenoate	0.83				
		Stearate	0.71				
		Mead acid	1.20				
		Pentadecanoate	0.55				
		Butanoylcarnitine	-0.69	-0.60			
		Propanoylcarnitine	-0.69	-0.68			
		Methylmalonate	-1.06				
		Bile acids	Tauro- $\alpha$ -muricholate	1.16			
			Taurocholate	1.97			
			Tauro- $\beta$ -muricholate	1.95			
			taurochenodeoxycholate	1.77			
			Chenodeoxycholic acid	-1.10	-1.64		
			Glycoursodeoxycholate		-0.62		
	Cholate				-3.84		
	$\beta$ -muricholic acid		-1.84				
	Glycocholate		-2.25				
	Hyodeoxycholate		-2.94				
	Glycodeoxycholate	-3.47					
	Hyocholeate	-3.64					
	Amino acid metabolism	Arginine and proline	Proline	-0.20	-0.34		
			Citrulline		-0.20		
			Argininosuccinate		-0.36		
			Ornithine		-0.64		
trans-4-Hydroxyproline			-0.36	-0.71			
Creatine				0.43			
Guanidinoacetate				-0.80			
Spermidine			-0.81	1.10		2.93	
4-Acetamidobutanoate					-2.12	-1.15	
Agmatine						-1.51	
Glycine, serine, and threonine		Glycine	-0.25	-0.36			
		Dimethylglycine		0.36	0.79	0.54	
		Serine	-0.22	-0.42			
		Glycerate	-0.22	-0.30			
		Sarcosine	-0.30		1.50		
Cysteine and methionine		N-acetylmethionine		-0.27			
		Cystathionine		-0.67			
		Cystein		-0.56			
Alanine, aspartate, and glutamate		Alanine	-0.14	-0.14			
		Aspartate		-0.38			
		Glutamate		-0.43			
		1-Pyrroline-5-carboxylate	-0.67	-0.64			
		N-acetylaspartate	-0.43				
		Asparagine	-0.36	-0.40			
		Oxidized glutathione		-1.15			
Glutathione	5-Oxoproline			-1.15	-1.40		
	Histidine	-1.10	-1.03		-0.56		

(continued on next page)

Table 1 (continued)

Main pathway	Subordinate pathway	Metabolite name	Log <sub>2</sub> (Fold change)			
			Blood		Urine	
			5 h	10 h	5 h	10 h
Carbohydrate & energy metabolism	Fructose and mannose	Fructose		0.53		
		Mannose	0.37	0.21	1.95	
	Pentose	Arabitol	-0.43			
		Xylitol	-0.51			
		Ribose	-0.81			
	Energy	Ribitol	-0.34			
		Malate	-0.45			
		Fumarate	-0.51			



**Fig. 7.** Summary of APAP-induced gene perturbations in various metabolic pathways at 10 h following APAP treatment. A schematic representation of the most significantly differentially expressed genes in the pyruvate; TCA-cycle; glycine, serine, and threonine; and cysteine and methionine metabolism pathways leading to glutathione (GSH) synthesis. Each arrow indicates the direction of a reaction converting a substrate into a product, with upregulation and no change indicated by red and black, respectively. Grey arrows indicate metabolite precursors involved in other pathways. Metabolites shown in bold indicate the amino acids involved in GSH synthesis. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

functional tasks, while capturing the overall physiological systems-level metabolism in the rat. The use of a multi-tissue model to integrate concomitantly measured gene expression changes in the liver and kidney facilitated a better understanding of the mechanisms underlying the metabolite alterations in the plasma and urine compartments than did the use of a liver-only model. Our integrated metabolic network and pathway enrichment analyses suggest that APAP overdose invokes a compensatory amino acid-related pathway, namely the metabolic pathway for glycine, serine, and threonine—the precursors for GSH production—and significant alterations in the nucleotide and lipid metabolism pathways. Using our model predictions, we provide a complete set of metabolite markers (Table 1) that could facilitate early diagnosis of APAP-induced liver toxicity. The developed computational approach has the potential to be broadly applied to other toxicant studies to analyze omics data and identify metabolites as markers of organ injuries.

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.taap.2019.04.001>.

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## Author contributions

VRP carried out the RNA-seq analysis, high-throughput data integration, and computational model development and analysis, and wrote the initial draft of the manuscript. KCV contributed to the collection of uptake and secretion rates under fasting conditions and helped edit the manuscript. KDR compiled the kidney metabolite tasks. SKE performed all of the animal studies, including catheterization surgeries. TPO performed all of the blood collection and analysis. RLP contributed to RNA extraction from tissue and purifications. JAP supervised and helped to edit the manuscript. JR conceived and supervised the study, and helped edit the manuscript. MS conceived the study, supervised and carried out the acetaminophen experiments on rats to generate the raw data, and helped write the manuscript. JDY

conceived the study, supervised, and helped write the manuscript. AW conceived and supervised the study, analyzed the data, and helped edit and write the final manuscript.

## Competing interests

The authors declare no competing interests.

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